



Mental Health and Individuals with Autism

A Primer for Community Professionals and Parents

Presented by

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Friday, March 27, 2009 9:00 AM – 3:30 PM

Fletcher Challenge Theatre, Harbour Centre Campus,
Simon Fraser University
515 West Hastings Street, Vancouver

The Presentation

Individuals with ASD commonly have co-existing, psychiatric disorders. The impact of these conditions on an individual's functioning and wellbeing can often be as great or greater than ASD itself. Their early recognition and treatment reduces complications and improves long-term outcome.

This workshop will review the most common psychiatric disorders that occur in children and youth with ASD—anxiety, Obsessive Compulsive Disorder, Attention Deficit Disorder, tic and mood disorders. The focus will be on the unique presentation and treatment considerations with ASD children and youth. The workshop will include a review of medication treatments, and an approach to assessment and treatment planning. Audience participation will be encouraged in order to emphasize real-life application of principles.

Diagnosis of ASD will not be considered in detail in this presentation. Those interested in this topic are welcome to view, free of charge, Dr. Dua's excellent presentation on diagnosis for ACT—available in February 2009 online via the ACT Manual at www.actcommunity.net/AI/Manual.htm.

Who Should Attend this Presentation?

Caregivers and professionals involved with children and youth with ASD, as well as parents/guardians, teachers, therapists, physicians, and other professionals will find this presentation relevant.

What Will You Learn?

The participant will leave the workshop with a broad outline of the more frequent neuropsychiatric disorders present in ASD. Attendees will learn of evidence-based treatment options (medications and psycho-social interventions) of mental health conditions in children and youth with ASD. Some of the challenges in detecting, diagnosing and treating these disorders will be discussed.

About the Presenter

Dr. Dua is a child and adolescent psychiatrist who has assessed and treated hundreds of children and youth with ASD over the past decade. He served as the primary researcher and writer for the Ministry of Health policy paper, "Standards and Guidelines for the Diagnosis and Assessment of Young Children with Autism Spectrum Disorder."



He completed his medical school training at McMaster University in Hamilton and then went on to do a residency at Harvard Medical School. Vikram is an assistant clinical professor at the University of British Columbia and is a co-investigator at the B.C. site of the national longitudinal study of young children with ASD ("ASD Pathways"). He is a member of the Advisory Committee of the Mental Health Commission of Canada and practices with the Neuropsychiatry Clinic of BC Children's Hospital.

Workshop Schedule

8:30 – 9:00	Registration
9:00 – 10:30	Session 1
10:30 – 10:45	Break
10:45 – 12:00	Session 2
12:00 – 1:00	Lunch (on your own)
1:00 – 2:15	Session 3
2:15 – 2:30	Break
2:30 – 3:30	Session 4

About Harbour Centre & Hotel Information

Harbour Centre is located at 515 West Hastings Street in Downtown Vancouver and is close to the Seabus terminal, West Coast Express, Skytrain and major bus routes. Parking is plentiful but expensive—public transit is a great option. Please see the ACT website at www.actcommunity.net for hotel information, or call or e-mail ACT.

ACT Information & Support Services

ACT is a registered not-for-profit society, founded in 2003 by parents of children with ASD. ACT's Information Officers are available to answer questions about which of our events would be relevant for the child or student you support. ACT also offers extensive information and support to families and community professionals on diagnostic,

treatment and educational topics. We can be reached by telephone at 604-205-5467, toll-free at 1-866-939-5188, or e-mail info@actcommunity.net. Want to know more about our mission and the people behind ACT? See www.actcommunity.net/about_us.

Acknowledging Our Community Partners

ACT would like to acknowledge the many parents and professionals across BC who volunteer their time to support our work. ACT gratefully acknowledges the Consortium for the Advancement of Child Health – SFU for co-sponsoring our events and providing excellent facilities in Vancouver at a reduced cost. See www.sfu.ca/autism-lab/.

A Note on Fees and Bursaries

Parents may use 20% of their autism funding to pay for training workshops and travel costs. Some bursaries for low-income participants and/or those traveling from outside their region are available for residents of British Columbia. Before registering, see www.actcommunity.net/Foot/bursaries.htm or telephone ACT. Bursaries are provided as reduced registration fees. Donations to ACT for our bursary fund are gratefully received and enable us to make our workshops more affordable as many receive no external subsidy. ACT is a registered charity: #86169 1236 RR0001. Tax receipts are issued.

REGISTRATION FORM Mental Health and Individuals with Autism

You may register online at www.actcommunity.net, unless you are requesting a bursary or registering as part of a group. Please confirm registration before booking flights.

Name: _____ Phone: _____

Organization: _____

Address: _____

City: _____ Province/State: _____ Postal/Zip Code: _____

E-mail (for e-mail confirmation of your registration): _____

Do you wish to receive ACT info by post? Yes

Do you wish to receive workshop updates by e-mail? Yes

ACT is committed to respecting your privacy. We do not share information with any other organization or individual. See www.actcommunity.net for privacy policy.

COST OF WORKSHOP (ACT is not required to charge GST)

- Early Bird Rate (postmarked by February 13, 2009)
 Regular Rate (postmarked February 14 – March 20, 2009)
 Late Registration (after March 20 & at the door, space permitting)

PARENTS, STUDENTS

& PARA-PROFESSIONALS

PROFESSIONALS

- \$70 CDN/US \$90 CDN/US
 \$100 CDN/US \$130 CDN/US
 \$120 CDN/US \$160 CDN/US

GROUP RATE: If registrants are not benefiting from other bursaries, three or more registrants paying at the same time, with one payment, requiring one receipt, receive a 20% discount.

Are you a parent of a person with ASD? Yes

Student? Yes (please send a copy of your student ID)

Please indicate your para-professional status: Group home worker Child care worker Preschool staff

Special education assistants Behavior interventionists Other: _____

Please indicate your profession: _____

METHOD OF PAYMENT: Cash Cheque
 Mastercard VISA

Name on Card: _____

Card #: _____ Exp. Date: _____

In addition to on-line registration, ACT accepts telephone registration using a credit card at 604-205-5467, toll-free 1-866-939-5188 or by fax at 604-205-5345. Registrations are accepted only when accompanied by payment. Refunds for registration, less a \$25 handling charge are available until seven days prior to the workshop. Details of the cancellation policy are available on ACT's website. Cheques that are not honoured will result in a loss of registration status. Bank charges incurred by ACT as a result of a NSF cheque are the responsibility of the registrant. Cheques or money orders should be made out to: ACT --Autism Community Training. Mail to: Suite 240 -2250 Boundary Road, Burnaby, BC Canada V5M 3Z3. To confirm registration, e-mail info@actcommunity.net or telephone 604-205-5467, toll-free 1-866-939-5188.